

GNS RESIDENTIAL FOOTBALL CAMP

GNS Sports residential camps are for boys aged 12-19 years which takes place at Lilleshall National Sports Centre, Shropshire, England. The venue offers a safe and secure environment with accommodation, meals, and evening activities. The Football camp runs from Monday to Friday and includes five nights full board accommodation. Most players who attend our courses are either signed at professional clubs, looking for trials or to experience the life of a young professional.

GNS Residential Football Camp provides players with the opportunity to receive specialist football training that is normally available only at Professional Football clubs. We have coaches that are qualified PE Teachers, have their FA Level 4 (UEFA 'A' Licence) and hold the FA Youth Award Modules. Coaches will help your child improve and develop their skills within a safe and enjoyable environment.

The daily program consists of 6 hours of structured activities and aims to promote confidence and experience in a variety of different game situations. Players are coached in all aspects of technical and tactical game play and these skills are put into practice through competitive play. At the start of the week, players are grouped into training groups based on age and ability. They will be given a coach each to get a sense of how real teams work, and will have the same coaches all week to build up a rapport.

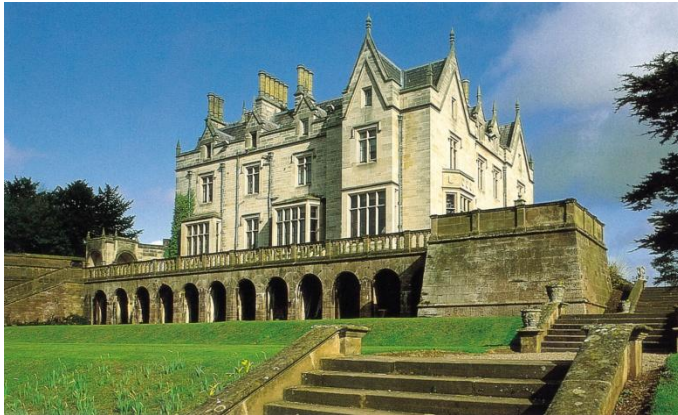


Red River Soccer Club
North Dakota, Fargo
USA
State Cup Champions
1998-2003

At the end of the Residential, every player receives a personalised profiling report. This gives detailed written feedback on their personal profile technically and tactically.

Lilleshall is a sporting centre of excellence and many high profile from the sporting world have passed through its doors.

Football is deep-rooted within the history of this world class facility, most notably as the training venue for the England World Cup winning squad. The FA's School of Excellence was established at Lilleshall welcoming young talent such as Michael Owen & Sol Campbell.



www.lilleshallnsc.co.uk

Residential Camp Information

- Return airfare not included
- Overnight accommodation
- 2 refreshment breaks per day
- Breakfast
- 3 course lunch
- 3 course evening meal
- Football Training Program
- Evening activities



All menus have been prepared in consultation with a nutritionist from the English Institute of Sport

CAMP ENVIRONMENT

Staff – The camp is overseen by GNS Sports Head Coach, Graham Nicholas (PE Teacher & UEFA 'A' Licensed Coach and a team of FA qualified specialist coaches. All coaches are CRB checked and have completed Child Protection Training.

Activities / Sports Facilities on site

Throughout the week there are periods of time where players will have the opportunity to relax and enjoy their environment and surroundings.

- 9 Grass Pitches
- 2 Floodlit Synthetic Pitches
- 3 Multi-Purpose Sports-hall (5-a-side & Futsal)
- Multi-gym available for residents casual use



APPLICATION PROCEDURE

Booking must be done online via our application form.

We strongly encourage early applications to ensure availability.

Upon receipt of your application and deposit, we will confirm your acceptance in the program.

All applicants must also be sure to have a current passport. Non-EU citizens must be able to obtain a travel visa to England if required for their country of origin. For more information on the requirements to obtain a travel visa to England, please check with your closest British consulate.

For more information please contact: -

Graham Nicholas – 07793551365

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